

## The Developing Hip Research Project

Painful disorders such as hip osteoarthritis have been linked to playing certain sports during adolescence. This Sainte-Justine Hospital study is looking to see what impact different levels of activity in daily life among children (ages 12-14) has on the development of the bones in their hips as they grow.



Your child may qualify for the research project if they are:

- Between the ages of 12 and 14
- Do not have any hip mobility issues
- Play sports or don't play sports
- Are willing to wear an activity tracker on their wrist for at least one week every 3 months for 2 years
- Are willing to have an MRI (magnetic resonance imaging) performed twice in a period of 2 years. Please note that an MRI involves NO radiation.

**\*Kids get a free Garmin vivofit activity tracker to keep during and after the study is complete\***

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For more information about this study, please contact Nathalie Jourdain at (514) 345-4931, ext. 5057

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