



CHU Sainte-Justine
Le centre hospitalier
universitaire mère-enfant

Université
de Montréal

Prominauris Correction

Post surgery care

Dr Patricia Bortolluzi

Once dressing removed:

- It is highly recommended to wear a head-band with silicone band inside for **1 week** during the night.
- Intensive sports activities are banned for **3 weeks**. Do not forget to claim the exemption paper for sport.



CHU Sainte-Justine

3175, Côte-Sainte-Catherine Road – Montreal (Quebec) H3T 1C5
Telephone : 514-345-4931 – chusj.org

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