



CHU Sainte-Justine
Le centre hospitalier
universitaire mère-enfant

Université
de Montréal

Prominauris Correction

Post surgery care

Dr. Patricia Egerszegi

Once dressing removed:

- 1th week: The ointment Polysporin^{MD} must be applied on scars 3 times a day for **one week**.
- 2nd week: Application of vitamin E cream on scars 3 times a day for **one week**.
- 3rd week: Start **massage** of the scars with vitamine E cream 3 times a day for a **few month** or until the plastic surgeon instructs you to stop.
- During the night, it is highly recommended to wear a headband not too tight or lycra swimming cap (bathing cap) for **one month**. You can also make a hood with an old pair of stockings to protect the ears.
- Sports activities are banned for **2 weeks**. After that, for another 2 weeks, your child has to protect the ears with a headband or a helmet during sports activities. Do not forget to claim the exemption paper for sport.



CHU Sainte-Justine

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